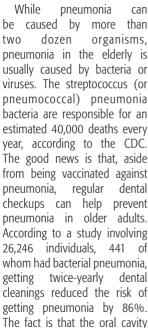
## Dr. Little's Dental News

Presented by Jeffery Little, D.D.S.

## REGULAR CHECKUPS MAY REDUCE PNEUMONIA RISK



serves as a reservoir for bacteria that can be aspirated into the lungs and cause pneumonia. Regular dental cleanings and home brushing/flossing reduce potentially harmful bacteria.

At our office, we firmly believe that education and preventive care are key to optimal dental health as well as overall health. To achieve these goals, we conduct thorough exams, review medical histories, and provide instruction on proper brushing and flossing techniques.

P.S. There is accumulating evidence that oral bacteria are linked to systemic diseases such as cardiovascular disease, stroke, preterm birth, diabetes, and pneumonia.

Dr. Little provides quality family and cosmetic dentistry.

His office is located at 344 Placerville Dr., Suite 19, Placerville.

(530) 626-9127 Visit us at: www.jefflittledds.com